

# THE IMPACT OF TENNCARE: A SURVEY OF RECIPIENTS

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### The Impact of TennCare: A Survey of Recipients

### Method

The Center for Business and Economic Research at the University of Tennessee contracted with the Department of Finance and Administration of the State of Tennessee to conduct a survey of Tennessee residents in order to ascertain their insurance status and use of medical facilities. Given the necessity of obtaining accurate estimates for subpopulations, a target sample size of 5,000 was agreed upon. The survey instrument was prepared in cooperation with personnel from the TennCare Bureau.

The survey was conducted by telephone between May 15 and June 30, 2000. The survey was conducted with a Computer Assisted Telephone Interviewing System, utilizing a random-digit dialing based sample. Four calls were made to each residence, at staggered times, to minimize nonrespondent bias. The design chosen was a "Household Sample," with the interview conducted with the Head of the Household. The University of Tennessee Social Science Research Institute administered the survey.

The response rate was high. Approximately 60 percent of those contacted agreed to participate in the survey. The demographics also very closely mirrored those for the state obtained from the most recent census estimates. However, the proportion of the households with incomes under \$10,000 was underrepresented in the sample because the lowest income residents of Tennessee are the least likely to have telephones. The large sample size allowed the weighting of responses of low income Tennesseans to provide unbiased estimates for the entire population. For all statewide estimates of the uninsured, a correction factor was used to adjust for the degree to which the sample over or under represented Tennesseans grouped by income. On all other indicators, the sample closely mirrored the state.

Tennessee Households	Adj Census for 1992 Census		2000 survey	Deviation (Percent)
Household Income				
Less \$10,000	378,964	20.0	11.3	-8.7
\$10,000 - \$14,499	198,506	10.5	9.8	-0.7
\$15,000 - \$19,999	194,379	10.3	9.3	-1.0
\$20,000 - \$29,999	343,781	18.2	16.9	-1.3
\$30,000 - \$39,999	271,029	14.3	13.4	-0.9
\$40,000 - \$49,999	184,811	9.8	10.1	0.3
\$50,000 - \$59,999	119,275	6.3	8.9	2.6
\$60,000 - \$99,999	153,828	8.1	14.4	6.3
\$100,000 +	49,398	2.6	6.0	3.4

This is a follow-up to previous surveys of 5,000 Tennessee households conducted annually since 1993. Throughout this report, comparisons are made to findings from the earlier surveys.

#### **Estimates for Insurance Status**

Estimates for the number of Tennesseans who are uninsured are presented below (Table 1). The 372,776 uninsured represent 6.53 percent of the 2000 population (5,623,784). This represents a slight decrease from 1999. Tennessee has made progress in providing insurance for those under eighteen. The uninsured rate for children is 4.12 percent, a little over one half the rate for adults. (Table 1a).

	1993	1994	1995	1996	1997	1998	1999	2000
	Uninsured							
State Total	452,232	298,653	303,785	333,268	319,079	335,612	387,584	372,776
Percent								
Uninsured	8.9	5.7	5.8	6.3	6.1	6.2	7.2	6.5

Table 1a:	Percentage	Uninsured	by Age	<b>Status: 2000</b>
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	Under 18	18+
Total Uninsured	56,691	316,053
Percent	4.12	7.44

#### **Reasons for Failure to Obtain Medical Insurance**

The major reason that people report remaining uninsured continues to be the inability to pay (Table 2). In 2000, 76 percent indicate that this is the major reason for not having insurance. The percent saying they cannot afford insurance does not differ much by income group, except for those with incomes above \$40,000 (Table 3). The highest income groups are significantly less likely to say that insurance cannot be afforded. While financial pressures continue to limit the uninsured from obtaining coverage, 6 percent indicate that they just did not get around to it. Seven percent indicate that a major reason for being uninsured is that they do not need insurance.

Not a Reason	1993	1994	1995	1996	1997	1998	1999	2000
Can't Afford	10	14	19	20	14	17	19	16
Didn't Get to it	83	67	77	69	67	72	63	73
Don't Need	82	74	79	77	76	74	74	81
Minor Reason	1993	1994	1995	1996	1997	1998	1999	2000
Can't Afford	7	7	11	7	7	10	10	8
Didn't Get to it	10	22	17	18	18	17	22	21
Don't Need	12	17	16	14	15	13	16	12
Major Reason	1993	1994	1995	1996	1997	1998	1999	2000
Can't Afford	83	79	70	73	79	73	71	76
Didn't Get to it	7	11	7	12	15	12	15	6
Don't Need	6	10	6	9	9	13	10	7

### Table 2: Reason for Not Having Insurance (1993-2000) (Percent)

Table 3: "Cannot Afford" Major Reason for No Insurance: by Income (1994-2000)(Percent)

Major Reason	1994	1995	1996	1997	1998	1999	2000
Less \$10,000	91	90	77	83	79	75	76
\$10,000 - \$14,499	82	80	73	87	86	76	84
\$15,000 - \$19,999	80	64	87	74	80	75	84
\$20,000 - \$29,999	87	76	69	69	73	69	80
\$30,000 - \$39,999	61	59	75	65	78	64	80
\$40,000 - \$49,999	58	82	70	80	63	73	45
\$50,000+	42	38	55	46	46	39	47

### **Evaluations of Medical Care and Insurance Coverage (1993 - 2000)**

There has been virtually no change in Tennesseans' overall perception of the quality of care they and their children are receiving relative to 1999. (Tables 4 & 5). There was no change in the ratings provided by all heads of households or in the perceived quality of care for children. Current ratings of health care quality for the TennCare population are higher than under Medicaid (1993), but there seems to be a slight trend toward negative opinions in the last four years. The proportion of TennCare heads of households rating their care as "poor" has increased from eight to twelve percent. The proportion rating their children's care as "poor" has increased from six to eight percent since 1997.

All Heads of Households	1993	1994	1995	1996	1997	1998	1999	2000
Excellent	21	26	20	22	22	23	21	22
Good	49	45	51	52	51	52	50	50
Fair	24	22	23	22	22	22	22	21
Poor	5	7	6	4	5	3	7	7
Medicaid/	1993	1994	1995	1996	1997	1998	1999	2000
TennCare								
Excellent	17	17	14	15	19	18	18	18
Good	41	40	48	49	47	42	47	43
Fair	31	27	28	28	26	31	25	27
Poor	11	16	10	8	8	9	10	12

Table 4: Quality of Medical Care Received by Heads of Households(1993 - 2000) (Percent)

### Table 5: Quality of Medical Care Received by Children of Heads of Households(1993 - 2000) (Percent)

All Heads of	1993	1994	1995	1996	1997	1998	1999	2000
Households								
Excellent	30	32	28	30	30	30	30	33
Good	48	47	51	50	50	51	51	48
Fair	18	17	17	17	15	15	15	15
Poor	4	4	4	3	5	4	4	4
Medicaid/	1993	1994	1995	1996	1997	1998	1999	2000
TennCare								
Excellent	20	22	27	21	27	27	29	25
Good	47	45	44	55	48	49	49	47
Fair	25	23	21	19	19	18	18	20
Poor	8	10	8	6	6	7	4	8

#### Satisfaction with Insurance Coverage

TennCare recipients are continuing to show high levels of satisfaction with the insurance coverage aspects of TennCare, though those expressing satisfaction (78 percent) shows a slight decline over the last four years, consistent with the slight ratings decline discussed above for quality of care. However these decreases are very small and often not statistically significant.

## Table 6: Percent Indicating Satisfaction with TennCare (1993 –2000)(Percent)

1993 Medicaid	1994	1995	1996	1997	1998	1999	2000
82	61	75	82	81	83	81	78

### **Behavior Relevant to Medical Care**

Each respondent was asked a series of questions regarding his or her behavior when seeking medical care (Table 7). Again, there has been very little change over the past year. The proportion of TennCare recipients seeking care at hospital emergency rooms reached its lowest level (six percent), down by over one-half since the inception of the program. TennCare recipients have responded by seeking care more frequently from doctor's offices. This is a further indication that TennCare is having some impact on choices that people make in seeking care, and the impact is in the desired direction. This pattern is similar when TennCare recipients seek care for their children (Table 8). The share initially seeking care at hospitals has fallen from 13 to 6 percent.

All Heads of	1993	1994	1995	1996	1997	1998	1999	2000
Households								
Doctor's	80	82	80	82	81	81	81	83
Office								
Clinic	10	11	11	11	12	12	12	11
Hospital	9	7	7	6	6	6	6	5
Other	1	1	1	1	2	1	1	1
Medicaid/	1993	1994	1995	1996	1997	1998	1999	2000
TennCare								
Doctor's	69	70	71	73	74	74	78	76
Office								
Clinic	15	18	18	18	17	19	15	17
Hospital	14	11	10	9	7	6	6	6
Other	1	1	1	0	1	1	1	1

 Table 7: Head of Household: Medical Facilities Used When Medical Care Initially Sought

 (1993 – 2000) (Percent)

All Heads of	1993	1994	1995	1996	1997	1998	1999	2000
Households								
Doctor's	78	80	81	82	81	83	81	84
Office								
Clinic	13	13	12	13	13	13	12	12
Hospital	8	6	5	5	5	4	6	3
Other	1	1	2	1	1	1	1	1
Medicaid/	1993	1994	1995	1996	1997	1998	1999	2000
TennCare								
Doctor's	66	67	74	68	75	76	79	76
Office								
Clinic	20	21	18	24	17	18	15	17
Hospital	13	12	7	8	7	5	5	6
Other	1	0	1	0	1	1	1	1

Table 8: Children: Medical Facilities Used When Medical Care Initially Sought(1993 - 2000) (Percent)

There has also been very little change in the past year in the frequency of visits to physicians (Table 9). TennCare recipients continue in their tendency to see physicians on a more frequent basis. Three of four TennCare recipients see a physician at least every few months. Prior to TennCare's inception in 1994, only 38 percent saw a physician this often. In 2000 TennCare recipients are seeing a physician at a much greater rate than that of the general population (Table 9). Approximately three-fourths of TennCare children also see a physician at least every few months (Table 10). The increase in visits is much less pronounced than for TennCare adults. Also, differences from the general population in the pattern of visits are relatively small.

All Heads of	1993	1994	1995	1996	1997	1998	1999	2000
Households								
Weekly	2	2	2	2	2	2	2	2
Monthly	8	9	8	8	10	11	12	11
Every Few Months	32	32	33	36	39	39	41	39
Yearly	33	29	33	31	27	27	25	27
Rarely	26	28	22	23	22	21	20	21
Medicaid/	1993	1994	1995	1996	1997	1998	1999	2000
TennCare								
Weekly	3	4	5	5	4	4	5	5
Monthly	15	23	15	20	24	21	25	26
Every Few Months	20	32	36	37	39	44	45	41
Yearly	28	16	20	21	14	14	13	13
Rarely	25	25	20	18	19	19	12	15

Table 9: Frequency of Visits to Doctor for Head of Household (1993 - 2000) (Percent)

### Table 10: Frequency of Visits to Doctor for Children (1993 – 2000) (Percent)

All Heads of	1993	1994	1995	1996	1997	1998	1999	2000
Households								
Weekly	2	2	2	2	2	2	2	2
Monthly	10	11	10	12	12	11	11	11
Every Few Months	50	52	49	55	52	55	54	52
Yearly	23	23	26	21	23	22	24	24
Rarely	15	13	11	10	12	10	9	11
Medicaid/	1993	1994	1995	1996	1997	1998	1999	2000
TennCare								
Weekly	3	4	4	4	3	3	4	3
Monthly	13	19	15	19	15	12	14	16
Every Few Months	49	53	48	58	54	57	56	53
Yearly	21	13	20	12	16	19	18	18
Rarely	15	11	11	7	12	9	8	10

### **Appointments**

There has been very little change over the past year in the ability of TennCare respondents to make timely appointments to see their primary care physicians. The number reporting having to wait three weeks remained at the 15 percent level reached in 1999 (Table 11). The ability to obtain an appointment on the same day has fallen somewhat since the earlier days of TennCare.

### Table 11: Time Between Attempt to Make Appointment and First Availability ofAppointment: Head of Household (1994 - 2000) (Percent)

When you last made an appointment to see a primary care physician for an illness in 2000, how soon was the first appointment available?	1994	1995	1996	1997	1998	1999	2000
Same day	29	32	32	29	26	23	22
Next day	17	22	27	17	21	18	19
1 week	28	23	23	28	27	27	31
2 weeks	10	9	8	11	10	12	11
3 weeks	4	4	5	5	4	5	4
Over 3 weeks	11	11	5	11	11	15	15

There is some indication that TennCare recipients are waiting a bit more to see their physicians once they reach the office (Table 12). This factor may be one reason for the slight downturn in the ratings that TennCare recipients provide for the quality of their medical care.

	1994	1995	1996	1997	1998	1999	2000
Number of minutes wait	105	62	52	52	49	52	64
past scheduled							
appointment time?							
Number of minutes to	25	42	22	21	21	22	24
travel to physician's							
office?							

### **TennCare Providers**

Half of those responding were signed up with Blue Cross/Blue Shield as their TennCare provider. Other than 22 percent for Access Med Plus, the respondents were scattered among the other providers (Table 13). Obviously, a decision by Blue Cross/Blue Shield to end its involvement with TennCare would have a major impact.

What company manages your						
TennCare plan?	1994	1996	1997	1998	1999	2000
Blue Cross/Blue Shield	52	57	48	48	50	50
Health Net	7	7	8	2	1	
John Deere (Heritage)	3	2	2	3	4	5
TCL (Memphis Managed Care)	3	2	4	4	4	3
Phoenix (Advantage Care)	3	4	6	13	8	
Preferred Health Partnership	6	4	8	6	7	7
Prudential (Prudential)	1	0	1	1	1	
TennSource (Health Source)	1	1	1	0	0	
Access Med Plus	18	17	19	18	20	22
Total Health Plus (THP)	1	1	1	0	0	
Vanderbilt Health Plan	1	1	1	0	0	1
Omnicare (Affordable)	2	2	3	3	4	2
Xantus Health Plan						9
Not sure	3	0	0	2	1	1

### Table 13: Company Managing TennCare Plan (1994 - 2000) (Percent)

While there had been a general pattern of increases in the proportion of respondents indicating that they had received an enrollment card, grievance form, and list of rights and responsibilities (Table 14), there was a small falloff between 1999 and 2000. A substantial proportion remember getting an enrollment card and a list of rights and responsibilities, a majority do not recall receiving a grievance form or information on filing grievances.

### Table 14: Households Receiving TennCare Information for Providers (1994 - 2000) (Percent)

Please indicate whether or not you or anyone in your household has received each of the following regarding TennCare	1994	1995	1996	1997	1998	1999	2000
An enrollment card	68	68	71	70	77	76	74
A grievance form	19	20	33	28	41	39	33
Information on filing grievances	24	23	35	31	43	44	36
A list of rights and responsibilities	53	58	66	63	73	70	66

### Conclusion

While TennCare's cost and administration continue to be a source of controversy in the state, there is substantial evidence that, at least from the *perspective of the recipients*, the program is working as expected. TennCare recipients see physicians more often, visit emergency rooms less for routine care, and are able to see a physician without excessive travel or waiting time. TennCare has dramatically reduced the number of uninsured in Tennessee, although that number continues to remain well above 350,000. The number of uninsured children remains at somewhat above 50,000.

After some initial dissatisfaction, the TennCare group is now at least as satisfied with the quality of care under TennCare as it had been with Medicaid in 1993. However, there is a small indication that the TennCare population's perception of quality of their care and views about the promptness of appointments and waiting time have deteriorated.